

# SOUL CARE DAY



**Thursday, Oct 19 ~ 9am-4pm**

Location: Franciscan Renewal Center

Cost: \$50 (includes lunch)

Come experience a day of refreshment and reflection. Frequently, we go and go and go! As leaders, we need to have regular days of rest and reflection. This day, led by Dr. Ted Wueste (SFSAZ Director) is designed to help you pay attention to God's good work in your life.

This day will include times of group prayer and reflection as well as guided personal reflection. The Renewal Center is beautifully landscaped with prayer gardens, a prayer labyrinth, and outdoor sitting areas as well as indoor chapels.

30 min spiritual direction sessions will also be available (\$25 add. fee)

**Registration: go to [sfsaz.org/events](https://sfsaz.org/events)**

# SOUL CARE DAY



**Thursday, Oct 19 ~ 9am-4pm**

Location: Franciscan Renewal Center

Cost: \$50 (includes lunch)

Come experience a day of refreshment and reflection. Frequently, we go and go and go! As leaders, we need to have regular days of rest and reflection. This day, led by Dr. Ted Wueste (SFSAZ Director) is designed to help you pay attention to God's good work in your life.

This day will include times of group prayer and reflection as well as guided personal reflection. The Renewal Center is beautifully landscaped with prayer gardens, a prayer labyrinth, and outdoor sitting areas as well as indoor chapels.

30 min spiritual direction sessions will also be available (\$25 add. fee)

**Registration: go to [sfsaz.org/events](https://sfsaz.org/events)**